

**UNIT TITLE:** Understanding the Physical Development of Children and Young People

**LEVEL:** Two  
**10 HOUR CREDIT VALUE:** 3  
**NOCN UNIT CODE:** PT2/2/QQ/011  
**ACCREDITED UNIT NO:** F/103/0190

This unit has 5 learning outcomes.

<b>LEARNING OUTCOMES</b>	<b>ASSESSMENT CRITERIA</b>
<b>The learner will:</b>	<b>The learner can:</b>
1. Understand the physical growth and development of children and how this relates to other aspects of their development. (C3) <sup>1</sup>	1.1. Describe the physical development of children and how this relates to other aspects of their development.
2. Understand the needs and requirements to promote the physical development of children. (C3)	2.1. Give examples of the needs and requirements to promote the physical development of children.
3. Understand the difference between fine and gross motor skills and how these can be developed through a range of activities and equipment. (C8)	3.1. Give examples of activities and equipment which promote both fine and gross motor skills.
4. Understand the importance of maintaining a safe environment whilst promoting the physical development of children. (E3/PW3, PW3.2)	4.1. Describe how to maintain a safe environment.
5. Understand ways of promoting physical development regardless of gender, race culture or disability. (C8, C17, C18/PW3.1, PW3.2)	5.1. Give examples of strategies which could be used to overcome stereotyping whilst promoting physical development.

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<sup>1</sup> Early Years Care and Education and Playwork National Occupational Standards

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements

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**ASSESSMENT INFORMATION**

**Guidance:**

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

**The assessment activities for this unit are indicated in the table below:**

**Key: P = Prescribed** – this assessment method *must* be used to assess the unit.  
**O = Optional** – this assessment method *could* be used to assess the unit.

Case study	P	Project	O
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description		Production of artefact	
Reflective log / diary		Practice file	

**Signposting Key Skills**

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	
Information Technology		Problem solving	
Application of Number		Improving Own Learning and Performance	