

UNIT TITLE: Understanding the Physical and Psychological Needs of Children

LEVEL: One
CREDIT VALUE: 3
GLH: 27
NOCN UNIT CODE: HF1/1/QQ/019
ACCREDITED UNIT NO: R/500/5528

This unit has 6 learning outcomes.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Recognise some of the physical and psychological needs of children. (CCLD203; K2D47)	1.1. Outline some of the likely physical and psychological needs of a child of a given age.
2. Understand some of the difficulties that s/he may have in meeting the needs of a child. (K2D36; K2D151)	2.1. Outline some of the difficulties that s/he may have in meeting the needs of a child.
3. Know some of the agencies and organisations that can offer support in meeting the needs of children.	3.1. Outline the roles of two agencies or organisations that can offer support in meeting the physical and psychological needs of children.
4. Understand the importance of exercise and rest in children's healthy development. (CCLD202; K2D77; K2D80; K2D102)	4.1. Outline some reasons why rest and exercise are important in child development. 4.2. Identify activities which promote exercise to children of given ages. 4.3. Outline ways in which opportunities for exercise and rest can be incorporated into a daily routine for a child.
5. Know how to provide physical care for children of different ages.	5.1. Outline key factors in caring for the: a) hair b) skin c) teeth d) feet of a baby, toddler, pre-school and school-aged child.

Mapped to Children's Care, Learning and Development NOS, Knowledge and Understanding Specification, Skills for Care & Development, 2005.

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements.

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
6. Recognise some common childhood illnesses and their effects.	6.1. Identify some common childhood illnesses and outline their effects.

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ASSESSMENT INFORMATION

Guidance:

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

The assessment activities for this unit are indicated in the table below:

Key: **P = Prescribed** – this assessment method *must* be used to assess the unit.
O = Optional – this assessment method *could* be used to assess the unit.

Case study	O	Project	O
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report		Group discussion	O
Oral question and answer	P	Performance/exhibition	
Written description	O	Production of artefact	
Reflective log / diary	O	Practice file	

Signposting Key Skills

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	
Information Technology		Problem solving	
Application of Number		Improving Own Learning and Performance	