

UNIT TITLE: Understanding Ageing and The Older Person

LEVEL: Two
CREDIT VALUE: 3
GLH: 24
NOCN UNIT CODE: PT2/2/QQ/019
ACCREDITED UNIT NO: D/500/4835

This unit has 4 learning outcomes.

LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
1. Understand attitudes to ageing, from an individual and societal perspective. (CIS 1.1, 1.3, 6.2; HSC23)	1.1. Identify social attitudes towards ageing. 1.2. Identify his/her own attitudes to ageing and how this affects his/her behaviour towards older people. 1.3. Describe how older people have been treated historically. 1.4. Describe recent changes in traditional family life, which may affect older people. 1.5. Identify reasons for an increase in numbers of older people in society. 1.6. Describe the effects of advertising on our attitudes to older people.
2 Know the basic elements of the ageing process. (CIS 5.2, 6.2; HSC23, 24)	2.1. Describe normal physical ageing and factors that may lead to variations. 2.2. Describe normal mental ageing and factors that can lead to variations. 2.3. Discuss the social needs of individuals, as they grow older. 2.4. Describe how these changing social needs affect lifestyles. 2.5. Describe the effects of social circumstances on mental and physical deterioration.

Mapped to Health and Social Care NOS, Skills for Care & Development, 2005.
 Mapped to Health and Social Care Common Induction Standards 2005.

Please note: Achievement of this unit does not provide evidence against the Care Standards Act requirements.

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LEARNING OUTCOMES	ASSESSMENT CRITERIA
The learner will:	The learner can:
3 Know some of the health issues related with the ageing process. (CIS 1.1, 1.3; HSC23)	3.1. Outline what is meant by 'a healthy lifestyle'. 3.2. Describe the affect of living a 'healthy lifestyle' on the ageing process. 3.3. Identify the consequences of living an 'unhealthy lifestyle' on the ageing process. 3.4. Explain how to work with older people to encourage a 'healthy lifestyle'.
4 Understand the roles and functions of a range of agencies concerned with older people. (CIS 1.1; HSC 23)	4.1. Identify some of the different agencies working with older people. 4.2. Explain their roles and how they relate to each other to support the older person. 4.3. Identify some of the resources they offer to older people.

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ASSESSMENT INFORMATION

Guidance:

This grid gives details of the assessment activities to be used with the unit attached. Please refer to the NOCN Centre Handbook for definitions of each activity and the expectations for assessment practice and evidence for moderation.

The assessment activities for this unit are indicated in the table below:

Key: **P = Prescribed** – this assessment method *must* be used to assess the unit.
O = Optional – this assessment method *could* be used to assess the unit.

Case study		Project	
Written question & answer/test/exam	O	Role play/simulation	
Essay		Practical demonstration	
Report	O	Group discussion	O
Oral question and answer	O	Performance/exhibition	
Written description		Production of artefact	O
Reflective log / diary	P	Practice file	

Signposting Key Skills

This unit offers clear opportunities for learners to provide evidence of achievement in Key Skills achievement in the following skill area/s:

Key Skill		Wider Key Skill	
Communication	✓	Working with others	
Information Technology		Problem solving	✓
Application of Number		Improving Own Learning and Performance	✓